

Festive Pick'n'Mix

1



NUTRITION FACTS

5 servings per container

Serving Size

Ages 3+

% Activity Value*

Total Daily Intake:

Creative Value	35%
Imagination Value	50%
Discovery Value	70%
Nature Value	45%
Includes 10% added recycling	
Enjoyment	100%

You Will Need:

Wrapping Paper	2 sheets
<i>(This can be recycled or home-made)</i>	
Scissors	1 pair
Tape	1 roll
Ribbon and a Label	1 per serving

WEEK 1: GIFT WRAPPED NATURE

*The % Activity value (AV) tells you how much fun is in each serving of this activity, and contributes to a creative daily diet. This is only used for general creative activity fulfillment advice.

GIFT WRAPPED NATURE (WEEK 1)

DIRECTIONS FOR USE:

- 1** A cold crisp day is a great time for a walk so get wrapped up and head out, maybe to the woods or a beach at low tide.
- 2** Now get looking for a fantastic natural object that you can fit in a pocket. It could be a stone, pinecone, or an interesting stick. Anything that catches your eye! Pop it in your pocket and keep it a secret.
- 3** Back at home find a quiet little space to gift wrap your object. Take your time and find help if needed to make it look super fantastic with Ribbons and a label.
- 4** Pop it under the tree when they're not around or present your gift now if you just can't wait!

ABOUT YOUR PACK

It's that time for giving and receiving and the great outdoors is a fantastic space to find amazing precious objects. See if you can find something special from nature for that someone special.

WANTING MORE?

On your walk collect as many of your object as you can and make a shape somewhere along the route, maybe the shape of a heart or a circle for someone to stand in. Return a week later and see what's changed, is it still there? if not, what happened?

BEST BEFORE / MEILLEUR AVANT



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