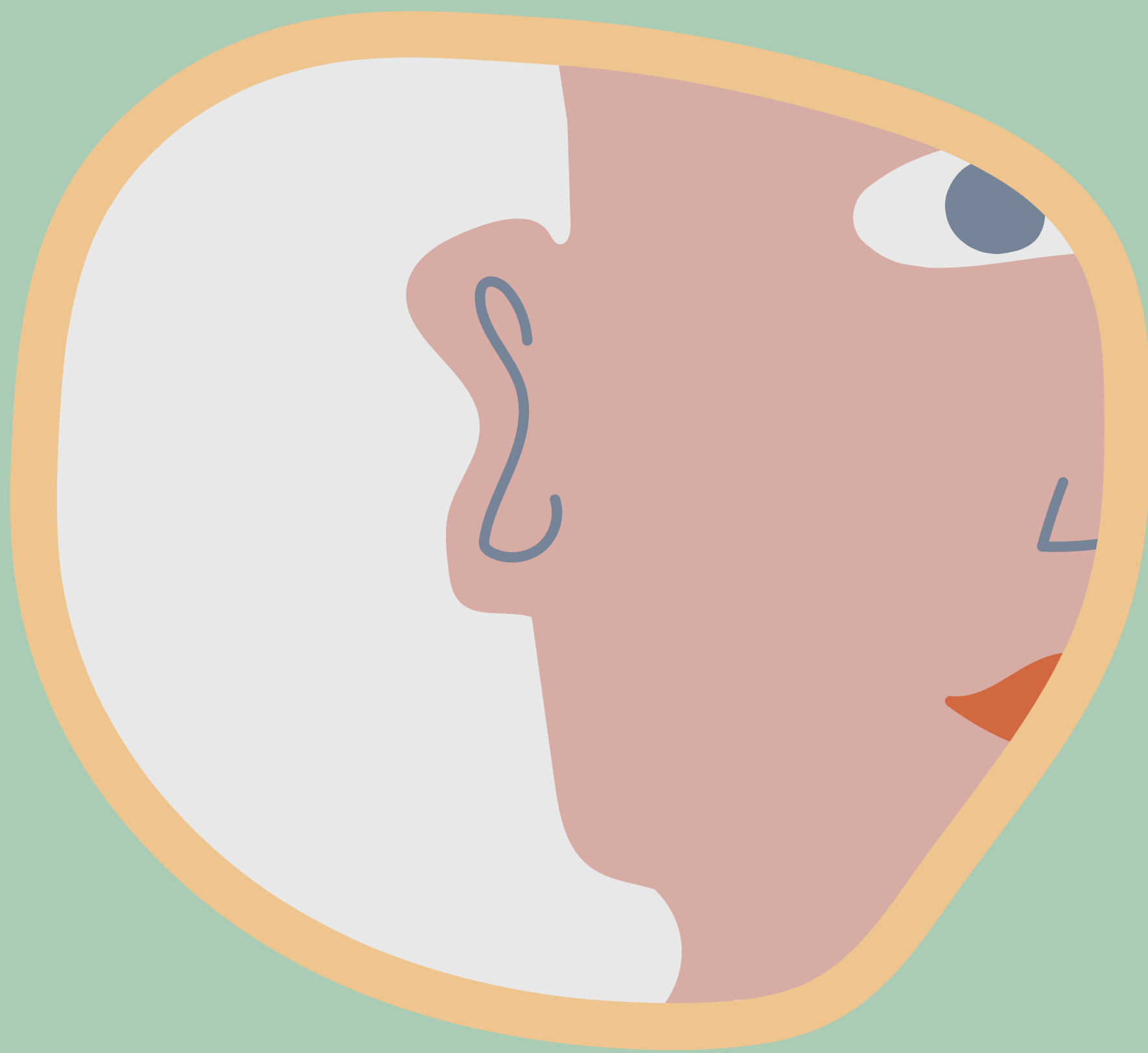


Sounds Around



OUTDOOR ACTIVITY



SOUNDS AROUND OUTDOOR ACTIVITY

Have you ever thought about all the sounds that pass in and out of your ears everyday? Take some time out, stay very still and surround yourself with sound, what can you hear?

YOU WILL NEED:

Paper, pencil or pen, scissors

1. Fold a piece of paper in half (A4 is great but bigger is better).
2. Now draw a semi-circle. Start at the fold and end at the fold. Cut it out, unfold and you have yourselves a circle with a fold through the middle
3. Go and sit in an outdoor space with your circle in front of you. Could be a wood, a park, back garden or just open the window.
• Write Nature on one side of the circle and Machine/Human on the other side.
4. Now close your eyes and tune into all the sounds you can hear within your environment. List your sounds on the appropriate side of your circle is the sound from nature or from a machine or human

WANT MORE?

Select a different sense and repeat the activity. It could be what you see, touch or smell, see what different smells, tastes and sounds you can discover around you.

Share your creativity with us: @jupiterartland or #JupiterArtland