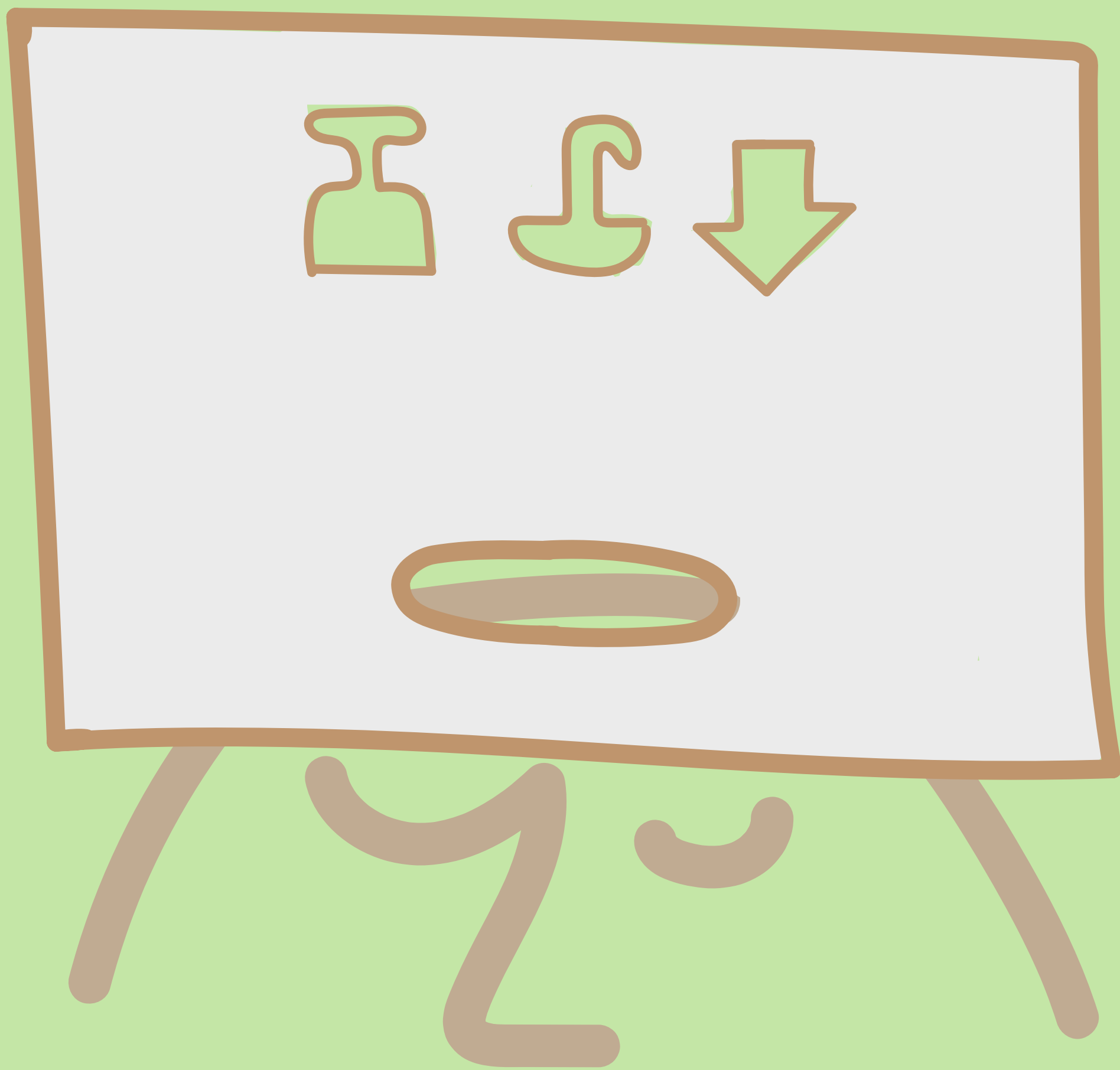
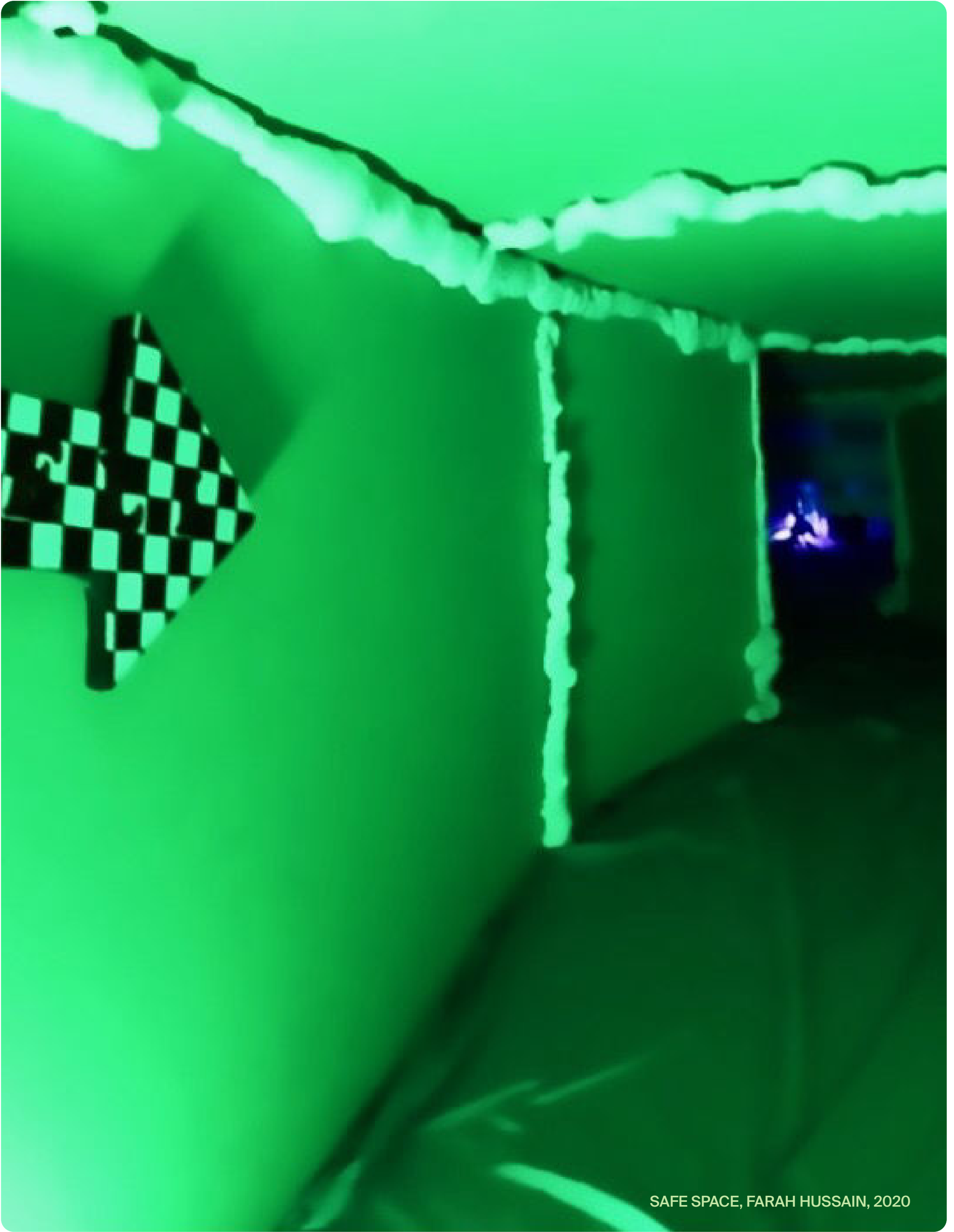


Create your Safe Space



INSPIRED BY FARAH HUSSAIN



SAFE SPACE, FARAH HUSSAIN, 2020

CREATE YOUR SAFE SPACE INSPIRED BY FARAH HUSSAIN

Farah's practice is very much inspired by their own life and who they embody. Farah's work entails religion, drag, ethnomethodology, queerness, club culture and utopian worlds. They view their process as a journey of analysis, of the self, queer history and also contemporary culture.

YOU WILL NEED:

Somewhere to create your safe space, materials and objects that make you feel comfortable

1. • Get a box, it could be large or small, you decide!
2. • Lay down in a comfortable space, close your eyes and visualise your perfect safe space. What colours, objects, images, textures would your special space have?
3. • Make a note of the things you imagined, then get gathering, shaping and making. Be wild with your material selection, but consider your colours, objects, images and textures carefully.
4. • Return to your cardboard box and start to bring your special space alive - is it somewhere you will sit and read, or somewhere to day dream?
5. • When you've finished, stand back and take a picture!

WANT MORE?

Try and create a shared safe space that embraces everyone's individualities

Share your creativity with us: @jupiterartland or #JupiterArtland